

# Exercise thyself unto Godliness

## Part-II

### Key Verse

“But refuse profane and old wives fables, and exercise thyself rather unto godliness. For bodily exercise profiteth little but godliness is profitable unto all things having promise of the life that now is, and of that which is to come”

- 1 Timothy 4:7-8

### Discovery Questions:

1. What do you understand by the phrase ‘*exercise thyself/yourself unto godliness*’?
2. What will happen if Disciples of Christ ignore godliness? Will they be accepted by our Lord Jesus on the Day of Judgment?
3. What are the ways to exercise the godliness? How to train oneself in godliness?
4. What are the some of the benefits of exercising godliness for the present life as well as for the future life?

### II Timothy 3:1-7

### II Peter 1:3, 3:11 I Timothy 6:3-14 Titus 1:1-3

1. What should be our attitude toward people who are having the appearance of godliness, but deny its power? How should we deal with them?(II Timothy 3:1-7)
2. What is the way to access everything we need for life and godliness?( II Peter 1:3, 3:11)
3. What are the characteristics of anyone teaches you a different doctrine and does not agree with the sound words of our Lord Jesus Christ? How should we deal with them?( I Timothy 6:3-14)
4. What should be the main focus of a man of God/ a child of God? What are the specific instructions to follow compulsorily in his daily walk with Jesus?(I Timothy 6:3-14)

5. What is the way to what is the source and basis of godliness results in the hope of eternal life? (Titus 1:1-3)

**Set-1 Set an example in whole life**

**Supporting Verses and Discovery Questions:**

II Corinthians 6:14 -7:1; I Thessalonians 5:14-23; Romans 6:22; I John 1:7;3:6-10;  
Eph 1:17-19, Col 1:9-12 I Peter 2:9 I John 2:1-6

1. What are the instructions given in the Scriptures to help us bring holiness to the completion in us?( II Corinthians 6:14 -7:1)
2. what should a person do in obedience to God that God might sanctify him completely and his whole body, soul and spirit might kept blameless at the coming of our Lord Jesus Christ? (I Thessalonians 5:14-23)
3. What is the end result of holiness/godliness? (Romans 6:22)
4. What is the way for us to follow so that the blood of Jesus cleanses us from all sin? And how to identify weather a person is the child of God or not? (I John 1:7;3:6-10)
5. How to know weather we are in Jesus or not? What is the proof for that? (I John 2:1-6)
6. What are the core aspects of godliness a man should persevere for? (Eph 1:17-19, Col 1:9-12)

## Application Journal

Apply to your personal life through your obedience to what God has spoken to you while you finish this lesson for God intended transformation to take place in you.

Use the space below to record your SHARPening activity

**Simple** -a short activity that can easily be completed this week

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**Hands-on** -an action that goes beyond personal reading and reflection

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**Additional** - a new undertaking, one you are not already doing

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**Realistic** - a commitment that fits into your other priorities

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**Purposeful** -A response of loving obedience to God that reflects His concerns for people and that points them toward His goodness

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